

The Rev'd Dr. Sam C. Pascoe, PSAP-S
(with Beth D. Pascoe, LCSW, CSAT)
sampascoe.com

Recovery from Compulsive Sexual Behavior: A Men's Group

Presenting a 10-Week program for men with compulsive sexual behaviors and/or porn addiction issues that are interfering in their relationships and/or disrupting their lives.



“The moment sex ceases to be a servant it becomes a tyrant.” G.K. Chesterton

You will learn to:

- Connect in a meaningful way with other men who share your struggle
- Recognize the signs of sexual compulsion
- Develop and implement a workable recovery plan
- Create and maintain healthy boundaries in relationships
- Understand the neurobiology that contributes to compulsive sexual behavior
- Develop skills to identify triggers and learn healthy responses
- Understand the role of technology and the internet in many addictive behaviors
- Build (and/or rebuild) trust in relationships with wounded partners



As an ordained Anglican clergyman, professor of theology & history, certified Pastoral Sex Addiction Professional Supervisor—and a recovering sex addict himself—Dr. Pascoe approaches his groups from a wholistic perspective. He integrates insights from science, the Christian Faith, and his own personal experience to guide his clients through a proven program of recovery and renewal.

Fee: \$500: Two \$250 payments (paid in advance) each covering five 90-minute sessions

When: First & Third Saturdays of each month from 8:00am – 9:30am (Beginning Feb. 5, 2022)

Where: In-Person &/or Zoom Meetings

How to Register: Enrollment will be limited to 5 men to ensure quality sharing and interaction. Call Sam (703-256-3442) for a free, 10-minute phone consultation to see if this group is a good fit for you. A free, confidential screening tool, the SAST is available at sexhelp.com.

Facilitator: Sam has extensive professional (and personal) experience in helping people recover from the pain and chaos that sex addiction and infidelity cause in lives & relationships. His wife Beth, a licensed psychotherapist and a certified Sex Addiction Therapist herself, will join the group for a couple sessions to give her insights as a betrayed spouse on how to rebuild trust.

